



'Let your light shine as you grow'

Subject Leader Curriculum Intent, Implementation and Impact Overview	
Subject: PE	Subject Leader: Katie McInnes Subject Coordinator: Bryna Driscoll

The intent of our PE curriculum is to deliver a curriculum which is accessible to all and that will maximise the development of every child's ability and achievement in the area of PE enabling them to know more about physical activity and keeping healthy, remember more about the physical activity they participate in and learn about and understand how to use and apply this knowledge to impact upon their own physical activity, participation and healthy lifestyle.

St Mary's has identified that our PE curriculum intentions cover 4 areas: Physical Education, Physical Activity, School Sport and the Wider Community.

Intent	Implementation	Impact
<p>Physical Education</p> <ul style="list-style-type: none"> Children have access to a PE curriculum which enables them to develop skills in a broad range of physical activities. Children understand how the knowledge and skills can be applied in their own physical activity and healthy lifestyle. Children are active throughout each PE lesson. Children are at the forefront and have direct impact on their learning within lesson and through the voice of Sports Leaders. Learning is differentiated to support the needs of every child. Staff have a clear understanding of the national curriculum and solid subject knowledge enhanced through a well structured scheme of work, regular CPD, the use of expert external coaches, whole school curriculum maps and a tool to enable assessment and tracking of key learning skills . Swimming and water safety is taught throughout upper KS1 and KS2 and extra opportunities are taken to continue to improve 25m swimming percentage. Sports Premium Funding is spent effectively to develop a lasting legacy for PE and Sport at school. 	<ul style="list-style-type: none"> The Complete PE scheme of work (purchased 2019) follows the National Curriculum and enables children to develop a broad range of skills in many different areas. KS1: Games, Athletics, Dance and Gymnastics. KS2: Invasion Games, Striking & Fielding Games, Net/Wall Games, Athletics, Dance, Gymnastics and Outdoor activities. The scheme is progressive, coherent, allows differentiation and applies fundamental movement skills which are year group appropriate. Subject expertise, through regular CPD & Twilight sessions (for individuals, the subject leader and whole staff) ensures that Physical Education is taught effectively. Formative Assessment is embedded through regular interventions in class. Children are assessed termly using Complete PE assessment grids. Children are given wider opportunities to build character and embed values through regular teamwork activities, competitive sport and Sports Day. Sports Premium Funding is used to increase physical competency of staff and children and provide staff with resources and high-quality equipment. Children are provided with their full entitlement to Physical Education and teachers ensure that no interventions take place during this time. 	<ul style="list-style-type: none"> Children will achieve age related expectations in PE. Children will enjoy sport and will seek additional extra-curricular activities both school and external to school related. Participation levels in PE will be 100%. Demonstrate evidence of children work through highlighted PE learning overview document, termly Complete PE assessments (each child) and analysis over years. Regular verbal feedback is given within lessons to praise and ensure children are applying the correct technique. Understand the impact of Physical activity on their own body (linked to Science and PSHE topics) Using Physical Education Action Plans, Pupil Voice/Sports Leaders meetings and Governors' Reports, regular reviews can be made to explore the impact of any improvement initiatives. Measurable impact of swimming interventions through high swimming percentage over 25m and future involvement in swimming galas.



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	<ul style="list-style-type: none"> • Healthy Lifestyle workshops (February 2020) to develop children's understanding of physical activity and healthy lifestyles. • Regular actions plans, subject leader reports, PE pupil and staff surveys, governor reports and Sports Leader/Pupil Voice meetings continue to monitor and improve Physical Education. 	
<p><u>Physical Activity</u></p> <ul style="list-style-type: none"> • Children are encouraged to be active throughout the school day both inside and outside of the classroom and irrelevant of weather or timetable constraints. • Staff understand the importance of activity for effective learning. • Children become the innovators of their own activity and active play. • Children feel grounded and sport becomes a support for physical and mental health and wellbeing. 	<ul style="list-style-type: none"> • The teaching and learning of healthy life styles is planned explicitly within each year group as part of the PE SOW • The PE SOW / policy makes links with other subjects including Science, PSHE and Maths. • Less active children are highlighted and encouraged to live a more active lifestyle. After school clubs provided and wider range of sporting activities. • Active playtimes and child led play ensures that all children are mobile throughout the day eg Golden Mile, Play leaders, Playground markings to encourage activity and games. • The Golden Mile is actively promoted and completed consistently by all children and modelled by staff. • Staff implement regular activity each day through 5 a day fitness, active breaks and BBC Super Movers. • School provides free fruit for KS1 children daily. • School has a fruit / water only snack policy at playtimes and healthy packed lunch policy. • PE display in school celebrates involvement in PE and Physical Activity. • Healthy selfie display celebrates staff and children staying active and healthy. 	<ul style="list-style-type: none"> • Children become more active, lead active lifestyles and continue to do so into adulthood. • Children become more active during playtimes and are given opportunities to take on leadership roles to encourage next active generation. • Children become proud of sporting achievements and want to be more active for the betterment of themselves. • Children will show a good understanding of healthy eating. • Children feel comforted, a sense of wellbeing and supported with any mental health issues. • Children will access the free fruit or bring their own fruit. • Children's packed lunches indicate a balanced diet.
<p><u>School Sport</u></p>	<ul style="list-style-type: none"> • Children given the opportunity to compete in competitive sport and represent the school. Continue to increase the 	<ul style="list-style-type: none"> • Children develop pride for our school and continue to compete in sport competitively and at a more elite level in later life.



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<ul style="list-style-type: none"> • School Sports Premium is used effectively to allow the school to be part of the Saffron Walden Sports Partnership. This allows access to many external sporting events and staff were able to attend CPDs throughout the year. The partnership also offers accessible sport for low attainers and SEN/D (fun, accessible events) allowing all to participate in sport. • Children compete in various events against their peers throughout the year (House/Year competitions). • Children are provided with a range of sporting activities after school to encourage exposure to new and varying sports. • Children promote the benefits of sports and taking part in competitions to their peers. 	<p>percentage of children representing school at a sporting event in each year group.</p> <ul style="list-style-type: none"> • School nominates 4 sports leaders each year who help organise school sporting events, blog about inter school sporting events and collect photos for the PE display board. • Large variety of after school clubs offered to children promoted through newsletters and school website. • PE pupil survey data used to provide after school clubs that the children would like to participate in. 	<ul style="list-style-type: none"> • Children explore and are engaged by a wider range of sport leading them to be more active and become champions of sport. • After school club participation increases and children enjoy more active lifestyles.
<p><u>Wider Community</u></p> <ul style="list-style-type: none"> • Sport and physical activity is inclusive to families within the local community. • Families and the local community are more active with the support of the school. • Wider school sport allows parents and local community to spectate and participate where possible. 	<ul style="list-style-type: none"> • Local clubs, and sporting activities and events (eg cross country events) are promoted through newsletters and the school website. • Parents and families are encouraged to be involved in Physical Education, physical activity and school sport through sports days and regular family sporting events (family fun run days). • Reach out to the wider community through the 'Walk to School' scheme and Scootfit programme. • Provide opportunities for parents and local community to spectate in competitive events through the Sport Partnership (Letters and newsletters of events). 	<ul style="list-style-type: none"> • Families and parents attend more sporting events and participate with children. • Families participate in wider sport and become more active and healthier for the benefit of themselves and the children in their care.