

PSHCE / RSE curriculum overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Building relationships	Building relationships Self-regulation	Self-regulation Managing self Managing Risks - First Aid	Building relationships Managing self	Building relationships Managing self	Self-regulation Managing self Life education - RSE
Year1	Myself and my relationships	Myself and my relationships	Healthy and safer lifestyles Managing Risks - First Aid	Citizenship	Economic wellbeing	Myself and my relationships Life education - RSE
Year 2	Healthy and safer lifestyles	Myself and my relationships	Healthy and safer lifestyles Managing Risks - First Aid	Citizenship	Economic wellbeing	Myself and my relationships Life education - RSE
Year 3	Myself and my relationships	Myself and my relationships	Healthy and safer lifestyles Managing Risks - First Aid	Citizenship	Economic wellbeing	Myself and my relationships Life education - RSE
Year 4	Healthy and safer lifestyles	Myself and my relationships	Healthy and safer lifestyles Managing Risks - First Aid	Citizenship	Economic wellbeing	Myself and my relationships Life education - RSE
Year 5	Myself and my relationships	Myself and my relationships	Healthy and safer lifestyles Managing Risks - First Aid	Citizenship	Economic wellbeing	Myself and my relationships Life education - RSE
Year 6	Healthy and safer lifestyles	Myself and my relationships	Healthy and safer lifestyles Managing Risks - First Aid	Citizenship	Economic wellbeing	Myself and my relationships Life education - RSE