



'Let your light shine as you grow'

Subject Leader Skills Progression Key Stage 2

Subject: PE

Subject Leader: Katie McInnes

Overview of Learning	Games: Invasion					
<p>Year 3</p>	<p><u>Invasion: Tag Rugby</u> Introduce moving with the ball, passing and receiving Introduce tagging Create space when attacking Develop passing and moving Combine passing and moving to create attacking opportunities</p>	<p><u>Invasion: Basketball</u> Introduce dribbling; keeping control Introduce passing and receiving Combine dribbling and passing to create space Develop passing, receiving and dribbling Introduce shooting</p>	<p><u>Invasion: Hockey</u> Introduce dribbling; keeping control Introduce passing and receiving Combine dribbling and passing to create space Develop passing, receiving and dribbling Introduce shooting</p>	<p><u>Invasion: Handball</u> Introduce passing and receiving Introduce passing and creating space Develop passing and moving Combine passing and moving Introduce shooting Develop passing and shooting</p>	<p><u>Invasion: Netball</u> Introduce passing and receiving Introduce passing and creating space Develop passing and moving Combine passing and moving Combine passing and shooting Develop passing and shooting</p>	<p><u>Invasion: Football</u> Introduce dribbling keeping control Develop dribbling keeping control Introduce passing and receiving Combine dribbling and passing to create space Develop passing, receiving and dribbling</p>
<p>Year 4</p>	<p><u>Invasion: Tag Rugby</u> Develop passing, moving and creating space Apply learning to 3v3 mini games Develop defending Develop defending in game situations Combine passing and moving to create an attack and score</p>	<p><u>Invasion: Basketball</u> Refine dribbling Refine passing and receiving Refine passing and dribbling creating space Refine passing and dribbling creating shooting opportunities Introduce marking</p>	<p><u>Invasion: Hockey</u> Refine dribbling Refine passing Develop shooting; combine passing and dribbling to create shooting opportunities Develop passing and dribbling creating space for attacking opportunities Introduce defending; blocking and tackling</p>	<p><u>Invasion: Handball</u> Refine passing and receiving Develop passing and creating space Develop passing, moving and shooting Combine passing and shooting Introduce defending</p>	<p><u>Invasion: Netball</u> Refine passing and receiving Develop passing and dribbling creating space Develop passing, moving and shooting Refine passing and shooting Develop footwork</p>	<p><u>Invasion: Football</u> Refine dribbling Turning Refine passing and receiving Develop passing and dribbling creating space Introduce shooting</p>



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<p>Year 5</p>	<p><u>Invasion: Tag Rugby</u> Refine passing and moving to create attacking opportunities Explore different passes that can be used to outwit defenders Refine defending as a team Create and apply defending as a team Create and apply defending tactics. Develop officiating</p>	<p><u>Invasion: Basketball</u> Recap and refine dribbling and passing to create attacking opportunities Develop marking Refine shooting Refine attacking skills, passing, dribbling and shooting introduce officiating</p>	<p><u>Invasion: Hockey</u> Recap and refine dribbling and passing to create attacking opportunities Develop defending; block and tacking Refine shooting Refine attacking skills, passing dribbling and shooting Refine defending skills developing transition from defence to attack</p>	<p><u>Invasion: Handball</u> Consolidate passing and receiving Explore the function of other passes Develop defending Develop passing and creating space, introduce officiating Refine shooting</p>	<p><u>Invasion: Netball</u> Refine passing and receiving Apply passing, footwork and shooting into mini games Introduce officiating Introduce defending Introduction to High Five Netball, consolidating learning Explore the function of other passing styles</p>	<p><u>Invasion: Football</u> Recap and refine dribbling and passing to maintain possession Introduce defending Develop defending Develop shooting Refine attacking skills, passing, dribbling and shooting, introduce officiating</p>
<p>Year 6</p>	<p><u>Invasion: Tag Rugby</u> Consolidate passing and moving Consolidate defending Create, understand and apply attacking tactics in game situations Create, understand and apply defending tactics in game situations Consolidate attacking and defending in min games</p>	<p><u>Invasion: Basketball</u> Consolidate keeping possession Consolidation of possessional skills, develop officiating Consolidate defending Create, understand and apply attacking tactics in game situations Create, understand and apply defending tactics in game situations</p>	<p><u>Invasion: Hockey</u> Consolidate keeping possession Consolidation of possessional skills, develop officiating Consolidate defending Create, understand and apply attacking tactics in game situations Create, understand and apply defending tactics in game situations</p>	<p><u>Invasion: Handball</u> Consolidate keeping possession; possession scenarios Consolidation of possessional skills, develop officiating Consolidate defending understand and apply defending tactics I game situations</p>	<p><u>Invasion: Netball</u> Consolidate keeping possession Consolidation of possessional skills, develop officiating Consolidate defending Create, understand and apply attacking tactics in game situations Create, understand and apply defending tactics in game situations</p>	<p><u>Invasion: Football</u> Consolidate keeping possession Consolidation of possessional skills, develop officiating Consolidate defending Organise formations and mange teams Organise formations decide tactics, manage reams and officiate games</p>



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				Consolidate defensive tactics; understand and apply defensive tactics in game scenarios		
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Overview of Learning	Games: Striking & Fielding		Games: Net / Wall		Athletics
Year 3	<p>Cricket Understand the concept of batting and fielding Introduce throwing overarm Introduce throwing underarm Introduce catching Striking with intent</p>	<p>Rounders Introduce to rounders Introduce overarm throwing Apply overarm and underarm throwing Introduce stopping the ball Application of stopping the ball in a game</p>	<p>Tennis Introduction tennis; outwitting an opponent Creating space to win a point Consolidate how to win a game introduce rackets Introduce the forehand</p>		<p>Running Explore running for speed Develop running for speed Introduction relay; running for speed in a team Develop relay running for speed in a team Explore running for distance</p> <p>Understand and apply tactics when running for distance</p>
Year 4	<p>Cricket Develop an understanding of batting and fielding Introduce bowling underarm Develop stopping and returning the ball</p>	<p>Rounders Develop fielding bowling and backstop Introduce batting; how Develop batting; where and why Introduce and apply basic fielding tactics</p>	<p>Tennis Developing the forehand Creating space to win a point suing a racket Introduce the backhand Applying the forehand and backhand in game situations</p>		<p>Jumping Jumping for distance; standing long jump Jumping for distance; standing triple jump</p>



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	Develop retrieving and returning the ball Striking the ball at different angels and speeds		Applying the forehand and backhand creating space to win a point		
Year 5	<p><u>Cricket</u> Refine batting, understand and develop batting tactics Refine bowling, understand and develop bowling tactics Refine fielding stooping, catching and throwing Combine bowling and fielding creating and applying tactics. Introduce umpiring and scoring</p>	<p><u>Rounders</u> Develop fielding tactics maximising players Understand what happens if the batter misses the ball Refine fielding tactics, what players where? Applying tactics in min games</p>	<p><u>Tennis</u> Introduce the volley Develop the volley Controlling the game from the serve Doubles; understanding a applying tactics to win a pint</p>	<p><u>Badminton</u> Introduction to badminton Outwitting an opponent Introduce the forehand Introduce the backhand Applying the forehand and backhand: Creating space to win a point Controlling the game from the serve</p>	<p><u>Throwing</u> Throwing accuracy vs distance Throwing for distance; javelin Throwing for distance; shot put Throwing for distance; discus</p>



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<p>Year 6</p>	<p><u>Cricket</u> Consolidate batting Consolidate fielding Consolidate bowling Create, understand and apply attacking tactics in game situations Create, understand and apply defensive tactics in game situations</p>	<p><u>Rounders</u> Introduction to full rounders Consolidate fielding tactics Refine our understanding of what happens if the batter misses or hits the ball backwards Batting considerations</p>	<p><u>Tennis</u> Game application; cone tennis Game application; round robin games Game application; mixed ability doubles, round robin games Game application; tag team tennis</p>	<p><u>Badminton</u> Exploring different forehand and backhand shots Applying different forehand and backhand shots during a game to win a point Consolidate outwitting an opponent Doubles: Understanding and applying tactics to win a point Mixed ability doubles</p>	<p><u>Competitions</u> Level 1 Running Level 1 Throwing Level Jumping Mini Olympics</p>
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<p>Overview of Learning</p>	<p><u>Gymnastics</u></p>	<p><u>Dance</u></p>	<p><u>Dance</u></p>
<p>Year 3</p>	<p><u>Symmetry & Asymmetry</u> Introduction to symmetry Introduction to asymmetry Application of learning onto apparatus Sequence formation Sequence completion</p>	<p><u>Wild Animals</u> Responding to stimuli Developing character dance into a motif Extending sequences with a partner in character Developing sequences with a partner in character that show relationships Extending dance skills in choreography</p>	<p><u>Weather</u> Responding to stimuli, the weather Responding to stimuli, extreme weather Developing thematic dance into a motif Extending dance to create sequences with a partner Developing sequences with a partner</p>



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<p>Year 4</p>	<p><u>Bridges</u> Introduction to bridges Application of bridge learning onto apparatus Develop sequences with bridges Sequence formation Sequence completion</p>	<p><u>Cats</u> Responding to stimuli working together Extending sequences with a partner in character Exploring two contrasting Relationships and interlinking dance moves The Jellicle Ball Performance</p>	<p><u>Space</u> Responding to stimuli working together Extending sequences with a partner in character Developing character dance Developing sequences with a partner in character that show relationships and interlinking dance moves Sequences, relationships, choreography and performance</p>
<p>Year 5</p>	<p><u>Counter Balance & Counter Tension</u> Introduction to counter balance Application of counter balance learning onto apparatus Sequence formation Counter Tension Sequence completion</p>	<p><u>Greeks</u> Exploring the Greeks using compositional principles Extending sequences with a partner using compositional principles Creating movement using improvisation where movement is reactive Developing sequences showing interlinking dance moves Opening Ceremony performance</p>	<p><u>The Circus</u> Exploring society in the 19th Century Developing character movements linked to 19th Century Prejudices Creating movements to represent different characters and performers in a 19th Century circus Extending our Performance incorporating props and apparatus linked to the variety of performers</p>
<p>Year 6</p>	<p><u>Matching & Mirroring</u> Introduction to matching Application of matching learning onto apparatus Introducing mirroring Application of mirroring learning onto apparatus Sequence development</p>	<p><u>Carnival</u> Performing with technical control and rhythm in a group Creating rhythmic patterns using the body Experiencing dance from a different culture Chorographical elements including still imagery</p>	<p><u>Titanic</u> Exploring movements that represent The Titanic Developing character movements linked to the different social classes in 1912 Creating rhythmic patterns using our body Extending our choreography through controlled movements, character emotion and expression Explore the relationships between characters applying character emotion and expression Performance and reflection</p>



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Overview of Learning	Outdoor & Adventurous Activities			Health Related Exercise
Year 3	<u>Orienteering</u> Face orienteering Cone orienteering Point and return Point to point Timed course Orienteering competition	<u>Problem Solving</u> Benches and mats challenge Round the clock card challenge The pen challenge The river rope challenge Caving challenges	<u>Communication and Tactics</u> Creating and applying simple tactics Developing leadership Developing communication as a team Communicating as a team Communicating to collaborate effectively as a team Communicating to create defending and attacking tactics as a team	
Year 4	<u>Orienteering</u> Face orienteering Cone orienteering Point and return Point to point Timed course Orienteering competition:	<u>Problem Solving</u> Benches and mats challenge Round the clock card challenge The pen challenge The river rope challenge Caving challenges	<u>Communication and Tactics</u> Creating and applying simple tactics Developing leadership Developing communication as a team Communicating as a team Communicating to collaborate effectively as a team Communicating to create defending and attacking tactics as a team	



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<p>Year 5</p>	<p><u>Orienteering</u> Face orienteering Cone orienteering Point and return Point to point Timed course Orienteering competition</p>	<p><u>Problem Solving</u> Benches and mats challenge Round the clock card challenge The pen challenge The river rope challenge Caving challenges</p>	<p><u>Communication and Tactics</u> Creating and applying simple tactics Developing leadership Developing communication as a team .Communicating as a team .Communicating to collaborate effectively as a team Communicating to create defending and attacking tactics as a team</p>	<p><u>Health Related Exercise</u> Initial Fitness Assessment Cardio Fitness 1 Flexibility Strength Cardio Fitness 2 Fitness Assessment</p>
<p>Year 6</p>	<p><u>Orienteering</u> Face orienteering Cone orienteering Point and return Point to point Timed course Orienteering competition</p>	<p><u>Problem Solving</u> Benches and mats challenge Round the clock card challenge The pen challenge The river rope challenge Caving challenges</p>	<p><u>Communication and Tactics</u> Creating and applying simple tactics Developing leadership Developing communication as a team .Communicating as a team Communicating to collaborate effectively as a team Communicating to create defending and attacking tactics as a team</p>	<p><u>Health Related Exercise</u> Initial Fitness Assessment Cardio Fitness 1 Flexibility Strength Cardio Fitness 2 Fitness Assessment</p>