

St Mary's Newsletter

Spring Term – Friday 27th May 2022

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Website: www.stmaryssw.org.uk



Attendance Weekly - 94.6%

Attendance Year - 95%

Let Your Light Shine... as You Grow Matthew 5: 15-16

Friendship

Trust

Truthfulness

Compassion

Perseverance

Respect

Dear parents and carers and friends of the school,

Head's Lines

Queen's Jubilee Celebrations:

Today St Mary's held its very own celebratory event, to mark the Queen's Platinum Jubilee (her 70th year on the throne). As you will be aware, for the rest of the country, this celebration will be taking place between Thursday 2nd June and Sunday 5th June.

At St Mary's, each class chose a special theme:

Reception enjoyed a whole week of Jubilee activities, which included singing the patriotic anthem 'God Save the Queen', making a London landmark and finding more out

about monarchs—past and present.

Year 1 chose: the Moon Landing (from July 1969) - an important historical event from the Queen's early reign.

Year 2 focussed upon the Queen's Coronation (from June 1953) - including her wedding. They coloured pictures of the queen, made their own special crowns and even enjoyed their very own party in the afternoon!

Year 3 picked the 2012 London Olympics; they watched the Opening Ceremony (including the spectacular entry featuring James Bond meeting the Queen), looked at British athletes who had won Gold medals and in the afternoon created their own London 2012 posters. They also looked at the Windsor's family tree—include heirs and descendants.

Year 4 selected Beatlemania; they looked at the 1960s, the importance of the Fab Four in British modern history, listened to a range of their popular music and focussed on some of the positive messages from the hippy era—including compassion and peace and love.

Year 5 looked at the 1980s through food, music and fashion. For those of us around that time I think we would all agree that it was a fascinating and eventful period in Britain, at the mid-point of the Queen's reign.

Year 6 studied the 1966 World Cup victory by the famous Three Lions and the impact that football has had since that momentous occasion (sadly, we have not won anything in Men's Football internationally since—although we have got close several times!). Just before breaktime, Ruth Gilmour (Co-Chair of the PTA) along with Miss Allin (Staff PTA Liaison) went into each classroom to decide upon a winner of the Best Crown Award.



Poppy was chosen as Reception class winner, Jasper was chosen as the Key Stage 1 winner and Lilly B was chosen as the Key Stage 2 winner. A huge well done to everyone who took part in this competition.

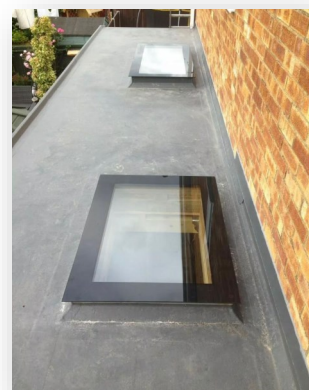


At lunchtime, the Kitchen team of Riina, Emma and Sian, laid on an incredible spread of British favourites—including sandwiches filled with brie and cranberry, bacon, lettuce and tomato, coronation chicken, egg and cress, ham, tuna and sweetcorn and cheese and cucumber. This was accompanied by platters of scotch eggs, sausage rolls, crisps, vegetable sticks and houmous, coleslaw and potato salad. This was followed up with some delicious meringue with cream and berries and washed down with the children's favourite squash.

To add to the party atmosphere, Claire Burgess (the school's Finance Officer) had been hard at work in the corridors, outside the school and the school hall and each space was beautifully bedecked with bunting (in red, white and blue), crepe streamers, balloons and Union Jack flags, with a selection of British tracks playing in the background—the children were literally gobsmacked as they came in to eat their lunch! **What a memorable day!**

Covered Canopy work

Exciting news! Over the May/June half term break, a roofing company will be busy working at St Mary's to add a new bespoke roof to the canopy area (which is just out the entrance/exit doors to the Reception, Year 1, Year 2 and Year 6 classrooms). These roofing specialists will be adding a solid timber roof with GRP fibreglass complete with 6 large roof skylights in between each section (see attached photograph) and this new structure will replace the old Perspex panels which had been installed previously—and frequently blew out in high winds. I am sure you will agree with me that this is very exciting news and everyone at the school cannot wait to see the finished article.



Break the Rules Day!

On Thursday, the school held a 'Break the Rules' Day. Each child was challenged to come into school and break as many rules as they could—the more rules they broke, the more they would have to donate to charity. This year, the School Council chose Breast Cancer Awareness as the charity. Thank you all for all your support and donations. We managed to raise a grand total of

£450.

A BIG thank you to Mr Clarke and the School Council for their hard work in this very important area.

Kind regards and have a lovely half term break. See you on **Monday 6th of June at 8.30am.**

Mr C. D. Jarman

Headteacher of St Mary's Church of England Primary school, Saffron Walden

Saffron Walden Cricket Club - Year 6

Saffron Walden Cricket Club will be hosting a cricket day for year 6 pupils next **Wednesday 1 June**. at the Anglo American Playing Fields. There will be two sessions from 10-12pm and from 1-3pm. The sessions will be free and run by qualified coaches. It is also a chance to meet and learn from our over-seas players - Jade de Klerk from South Africa and Jack Carroll from Australia.



The sessions will suit those interested in starting a new sport as well as those wanting to improve. Existing club members are encouraged to attend and bring their friends. For those interested, there will be opportunities for further coaching and to play in matches between now and the end of July.

If you would like to take part in one or both sessions please email saffrowaldencrick-etclub@gmail.com

Barnardo's free helpline to support Ukrainian families

The conflict in Ukraine have caused families to forcibly leave their homes, in search of safety, with many arriving in the UK.

In response to this, following discussion with the Association of Ukrainians in Great Britain, Barnardo's has set up the Ukrainian Support Helpline to provide a holistic support service. The helpline is available to anyone fleeing the conflict in Ukraine.

Barnardo's free helpline (0800 148 8586) is staffed by English, Ukrainian and Russian speakers, to offer support to children and families arriving in the UK from Ukraine.

The helpline is open Monday – Friday (10:00am – 8:00pm) and Saturday (10:00am – 3:00pm). Callers will be able to get help and advice on a range of topics.

A dedicated email address ukrainiansupport@barnardos.org.uk and webpage have also been set up for those assisting with the Ukraine response.

More information:

<https://www.barnardos.org.uk/what-we-do/helping-families/ukrainian-helpline>



COVID-19 Vaccination Sessions for Children aged 5+

The child-friendly COVID-19 vaccination centre at Harlow LeisureZone will be offering vaccinations with no appointment needed for children aged 5+ every Saturday in May, including the half term holidays. NHS staff are experts at welcoming children and families to the friendly, relaxed sessions.

Find your local walk-in centre [here](#)

You can also book appointments via [the National Booking Service](#) or by calling 119.

CARERS WEEK 6-12 June 2022

The theme for Carers Week 2022 is 'Make caring visible, valued and supported'. Unpaid carers and the challenges they face should be recognised in all areas of life, caring should be valued and respected by everyone in our society, and unpaid carers should have access to the information and support they need, where and when they need it.



For further details about local and national events please visit www.carersweek.org

A carer is **anyone who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.**





STEM Club - May 2022

Reception/KS1 children have been enjoying the lunchtime STEM (Science Technology Engineering and Maths) club with STEM specialist Sandra Beale and Mrs Jeewan. Here is a taste of their interactive investigations:



St Mary's School Fundraising



QUIZ



NIGHT



Friday 10th June - 7.00 for a 7.30 start
Includes our 'famous' cheese boards
Licensed bar with alcoholic and soft drinks

£10 per ticket – for sale on Classlist

Please email pta@st-maryscofe.essex.sch.uk with team name/ members to reserve your table

Up to 8 per team (smaller groups can join up)



Parentkind
Member Association

Diary Dates



| | | |
|-----------------------------|---|---|
| Mon 30th May - Fri 3rd June | - | Half-term |
| Monday 6th June | - | Return to School |
| Wednesday 8th June | - | New Reception 2022 Parents Information Meeting (9.30-11.00am) |
| Thursday 9th June | - | Kittle Photography Visit - Class Photos |
| Friday 10th June | - | PTA Quiz Night 7pm |
| Tuesday 14th June | - | Governor Day |
| Wednesday 15th June | - | Year 6 SWCHS Transition Workshop |
| Wednesday 16th June | - | Reception Boydells Dairy Farm Trip |
| Thursday 16th June | - | KS2 French Theatre Company Visit |
| Thursday 23rd June | - | Year 6 SWCHS Moving Up Session |
| Mon 20th - Thu 23rd June | - | Y5&6 Bikeability |
| Friday 24th June | - | INSET Day - School Closed |
| Wednesday 29th June | - | KS2 Athletics @Carver Barracks |
| Thursday 30th June | - | SCARF Life Education Visit (Reception, Year 1, 2 & 3) |
| Monday 4th July | - | Year 5 &6 Performance Dress Rehearsal |
| Tuesday 5th July | - | Year 5 &6 Performance 6pm - Parents Invited |
| Wednesday 6th July | - | Sports Day (parents, carers & friends of the school welcome) |
| Mon 11th - Wed 13th July | - | Parents Consultations for Reception - Year 5 (Timings TBC) |
| Mon 11th Jul - Thu 14th Jul | - | Year 6 Residential - Danbury |
| Thursday 21st July | - | Year 6 Leavers Service - 9.30am @St. Mary's Church |
| Thursday 21st July | - | Last day of term - 1.30pm finish |

Community News

Please take a look at our newest addition to our school website; a Community News page, where you will find information on local events and services. See link below:

<https://www.stmaryssw.org.uk/community-news-and-events/>



Long COVID information for children and young people

What is long COVID?

The term "long COVID" is commonly used to describe signs and symptoms that continue or develop after acute COVID-19. It includes both ongoing symptomatic COVID-19 (4 to 12 weeks after the infection started) and "post-COVID-19 syndrome" (symptoms lasting 12 weeks or more).

Anyone infected with COVID-19 can get long COVID – even if the original symptoms were mild. This includes young people aged 0 to 25 years. Research shows that between 1.8% and 53% of children who tested positive for COVID will have at least one symptom suggesting long COVID.

What are the symptoms?

The most frequently reported symptoms are changes in a young person's:

- Energy levels (83.3% are affected)
- Mood (58.8%)
- Sleep (56.3%)
- Appetite (49.6%)



Remember, children may experience these difficulties in different ways from adults.

I think my child may have long COVID – what should I do?

If you are worried that you or your child have any of these symptoms and it is affecting how they live and function, please book an appointment with your GP. Ask for a referral to the long COVID team. Your GP might need to do some tests to rule out other conditions.

What do the long COVID team do?

We are a multi-professional team of doctors, nurses, physiotherapists, associate practitioners, other allied health professionals and administrators who deliver treatment aimed at promoting recovery, restoring function – and helping you, your child and their school manage the condition. We do this through assessment, support groups, education and rehabilitation.

Where can I find out more?

- www.provide.org.uk/service/mid-and-south-essex-long-covid-team
- www.yourcovidrecovery.nhs.uk or www.longcovidkids.org